



HeartSafe Designation Application

The HeartSafe program promotes and encourages community awareness of sudden cardiac arrest (SCA) and the potential lifesaving knowledge of cardiopulmonary resuscitation (CPR) and public access to automated external defibrillators (AEDs).

In order to increase this awareness, the Southeast Health System, in partnership with the City of Dothan, the Dothan Fire Department, and the Dothan Area Chamber of Commerce, has developed an initiative to provide designations for cities, communities, workplaces and campuses as "HeartSafe".

A "HeartSafe" designation demonstrates a commitment to promote and support:

- Hands-only CPR and AED trained individuals
- Public access to automated external defibrillators AED(s) through strategic placement
- Emergency response action plan

The included application details the requirements for HeartSafe City, HeartSafe Community, HeartSafe Workplace and HeartSafe Campus.

Training heroes, saving lives.



HeartSafe



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HeartSafe designation requested: Check only one option.



The number of required AEDs and Hands=Only CPR citizens is based on the most recent US Census.

1. **AED requirements:** Minimum 1 AED for every 1,000 citizens
2. **Hands-Only CPR citizens:** Minimum 10% of population aged 16 years and older



1. **AED requirements:**
 - **Fixed locations** (i.e. office buildings): minimum 1 AED in a publically accessible and within a 3-minute round-trip walk of the furthest work area
 - **Flexible locations** (i.e. construction sites): minimum 1 AED per site that can travel throughout the site with work staff
2. **Hands-Only CPR worker:** Minimum 10% of work staff, including regular employees, volunteers, contractors and student employees
3. **Emergency action plan:** A written emergency action plan that includes response to medical emergencies and maintenance of AED(s).



1. **AED requirements:**
 - Minimum 1 AED per building on campus in a publically accessible location and within a 3-minute round-trip walk of the furthest work area; or,
 - Ability to respond with an AED within 3 minutes
2. **Hands-Only CPR worker:** Minimum 10% of work staff, including regular employees, volunteers, contractors and student employees
3. **Emergency action plan:** A written emergency action plan that includes response to medical emergencies and maintenance of AED(s).

